



# Backup and Restore of SQL Server Databases

SQL Server 2012 Books Online

**Summary:** This book describes the benefits of backing up SQL Server databases, basic backup and restore terms, and introduces backup and restore strategies for SQL Server and security considerations for SQL Server backup and restore.

**Category:** Reference

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# Backup and Restore of SQL Server Databases

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This topic describes the benefits of backing up SQL Server databases, basic backup and restore terms, and introduces backup and restore strategies for SQL Server and security considerations for SQL Server backup and restore.

The SQL Server backup and restore component provides an essential safeguard for protecting critical data stored in your SQL Server databases. To minimize the risk of catastrophic data loss, you need to back up your databases to preserve modifications to your data on a regular basis. A well-planned backup and restore strategy helps protect databases against data loss caused by a variety of failures. Test your strategy by restoring a set of backups and then recovering your database to prepare you to respond effectively to a disaster.

## In this Topic:

- Benefits
- Components and Concepts
- Introduction to Backup and Restore Strategies
- Related Tasks

## Benefits

- Backing up your SQL Server databases, running test restores procedures on your backups, and storing copies of backups in a safe, off-site location protects you from potentially catastrophic data loss.



### Important

This is the only way to reliably protect your SQL Server data.

With valid backups of a database, you can recover your data from many failures, such as:

- Media failure.
  - User errors, for example, dropping a table by mistake.
  - Hardware failures, for example, a damaged disk drive or permanent loss of a server.
  - Natural disasters.
- Additionally, backups of a database are useful for routine administrative purposes, such as copying a database from one server to another, setting up AlwaysOn Availability Groups or database mirroring, and archiving.













































































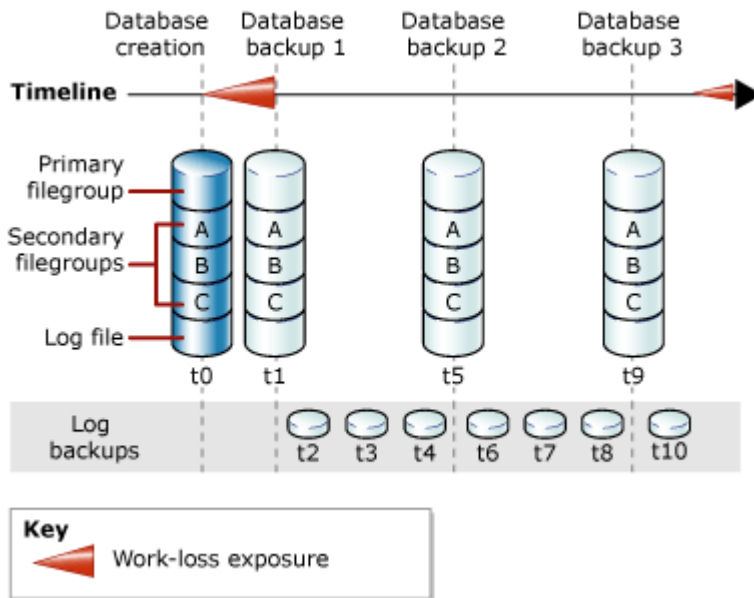












For information about how to create log backups, see [Create Transaction Log Backups \(SQL Server\)](#).

### Example (Transact-SQL)

The following example shows how to create a full database backup by using WITH FORMAT to overwrite any existing backups and create a new media set. Then, the example backs up the transaction log. In a real-life situation, you would have to perform a series of regular log backups. For this example, the sample database is set to use the full recovery model.

```
USE master;
ALTER DATABASE AdventureWorks2012 SET RECOVERY FULL;
GO
-- Back up the AdventureWorks2012 database to new media set (backup set 1).
BACKUP DATABASE AdventureWorks2012
    TO DISK = 'Z:\SQLServerBackups\AdventureWorks2012FullRM.bak'
    WITH FORMAT;
GO
--Create a routine log backup (backup set 2).
BACKUP LOG AdventureWorks2012 TO DISK =
'Z:\SQLServerBackups\AdventureWorks2012FullRM.bak';
GO
```



































































































































































































































































































































































































































































































































































